



TEAM NOAH



Hello to our past Walk, Run & Roll with Team Noah participants!

We are excited for another wonderful year to participate in the Christie Clinic Illinois Race Weekend 5K event. We hope you can join us once again to be part of **WALK, RUN & ROLL with Team Noah**. Through Team Noah, we experience the thrill and excitement of an athletic event. Don't miss out on the fun as you walk, run, or roll your wheelchair to the finish line at Memorial Stadium on the campus of the University of Illinois and see yourself on the jumbo screen!

The Christie Clinic Illinois Race Weekend is April 24-26, 2025. The 5K event, which includes Walk, Run & Roll with Team Noah, is on **Friday, April 25 at 7:30pm**. To tell us you want to be part of Team Noah this year, go to <https://illinoismarathon.com/races/5k/team-noah/>. Once you do this, we will email you the comp code you need to register for the 5K. And, why not consider sharing this information with one other person (or 2 or 3) as we grow our community!

Did you know that we offer 2 distance options for Walk, Run & Roll with Team Noah participants? If you want to experience starting the race with thousands of participants and completing the race under the lights at Memorial Stadium, but you don't think completing 3.1 miles is right for you or your caregiver – we have a 1-mile option!* You still get all the swag, including the coveted finisher medal that everyone else gets, without the extra mileage! You don't have to decide which distance option you want to complete when you register; all participants may make this decision when collecting their race materials at the Team Noah booth during the Expo. *Please note, if you choose the 1-mile option, you will not receive an official finish time when completing the 5K course.

We can't wait to see you again and feel the excitement and joy together! Feel free to contact me with any questions and remember to *"Love Like Noah."*

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