



RACE DAY PARTICIPANT INSTRUCTIONS

Thank you for joining us for the Third Annual Run to Remember 5-Mile & 5K—an event to honor the memories of those we miss, cherish those within our midst, and work together for a peaceful tomorrow.

This flyer shares everything you need to know about race day. If you have any questions after reviewing this info, please call race director Jan Seeley at 217/369-8553 or our race hotline at 217/902-1538.

Race day schedule

- 7:30 a.m.—Start line line-up by estimated finish time on the main park road, adjacent to the large pavilion for all waves
- 7:50 a.m.—National Anthem
- 8:00 a.m.—Start of 5K and 5-Miler
- 8:30 a.m.—Postrace celebration with food, drinks, and music in the large pavilion (up the stairs from the finish line by the Boathouse)

FREE race day parking at the Champaign County Fairground lot. Enter the lot from Coler Ave. Parking attendants will direct you to the south end of the west lot. It's a short walk from the parking lot to the start line inside Crystal Lake Park. Signs will direct you. See the course maps on side 2 of this flyer. There is no bag drop for Run to Remember. If you'd like to set up a lawn chair in our postrace celebration area, we welcome that.

There are porta potties in the parking lot east of the large pavilion near the start line. The men's and women's restrooms at the CLP Boathouse will also be open.

Health & Safety Policy. If you are experiencing any symptoms of viral illness (headache, sore throat, cough, fever, fatigue, body aches, loss of sense of smell or taste, shortness of breath), you should not report to the start line on September 9. Medical deferral to our 2024 Run to Remember event will be granted to anyone who cannot participate due to any potential COVID-19 symptoms (contact the race hotline at 217/902-1538).

Start Line. Your race bib will have the letter A, B, C, D, E, or F printed on it, based on your answer to the question about your estimated finish time. At the start line, you will line up by the letter on your bib, starting with the As all the way to the Fs. Volunteers will be holding large signs (A to F) to designate where you should line up. All runners and walkers will start at 8:00 a.m., with the fastest runners at the front and the walkers at the back. Your timing device is on the back of your race bib (**DO NOT REMOVE IT**) and it will start when you cross the start line and stop when you cross the finish line.

Back bib. Everyone participating in Run to Remember, plus our volunteers and others helping us execute the event, receives a "Today I Remember" back bib. We invite you to fill out and wear your back bib on race day.

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TO REMEMBER

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Hydration Stations. There is one hydration station inside the park and one outside the park (for the 5-milers). Water and lemon lime Nuun Endurance will be served at both.

Postrace food/drink/celebration. Once you reach the finish line where you'll receive your keepsake finisher medal, you'll be directed to the large pavilion up a short set of stairs from the CLP boathouse area. You'll enjoy lively music at the pavilion while munching on Jimmy John's sandwiches, Papa John's pizza, humongous cookies from Einstein Bros. Bagels, oats & honey granola bars, fresh fruit, and plenty of drinks. We will also have gluten-free snacks for those who require them. Kick back and enjoy the postrace celebration with your friends and family.

FREE race photos. Photographers will be on site to capture all the action. Any photos taken of you during the race will appear on your personalized results page, which you can reach via the Run to Remember website.

Overall and age-group results and awards. You will find a link to race results on the Run to Remember website: <https://illinoismarathon.com/races/run-to-remember/> The top three male and female runners in the 5-Mile and 5K will receive overall awards. Three-deep age-group awards will be awarded for males and females in the 5-Mile and 5K in these age groups: 10 & under; 11-19; 20-29; 30-39; 40-49; 50-59; 60-69; and 70 & over. Personalized awards will be mailed via USPS a few weeks after the race.

Thanks again for being part of the Third Annual Run to Remember and for supporting our two beneficiaries—United Way of Champaign County and the Community Foundation of East Central Illinois.

With special thanks to our race sponsors: Christie Clinic, Barbeck Communications, Body n' Sole Sports, Carle, County Market, Culvers, Einstein Bros. Bagels, Fox Pest Control, Harvest Market, Illini Radio Group, Jimmy John's, Napleton's Auto Park of Urbana, Nuun Hydration, and Papa John's.

Race Courses

