

**SIZING CHART**

<b>WOMEN'S</b>			
<b>LJI Size</b>	<b>BUST</b>	<b>WAIST</b>	<b>HIP</b>
<b>X-SMALL (0-2)</b>	<b>31-33</b>	<b>24-26</b>	<b>32-34</b>
<b>SMALL (4-6)</b>	<b>34-36</b>	<b>27-29</b>	<b>35-37</b>
<b>MEDIUM (8-10)</b>	<b>37-39</b>	<b>30-32</b>	<b>38-40</b>
<b>LARGE (12-14)</b>	<b>40-41</b>	<b>33-34</b>	<b>41-42</b>
<b>X-LARGE (16-18)</b>	<b>42-44</b>	<b>35-37</b>	<b>43-45</b>
<b>2X-LARGE (20-22)</b>	<b>45-48</b>	<b>38-45</b>	<b>46-51</b>
<b>3X-LARGE (22+)</b>	<b>49-52</b>	<b>46-49</b>	<b>52-55</b>

<b>MEN'S</b>			
<b>LJI Size</b>	<b>CHEST</b>	<b>WAIST</b>	<b>HIP</b>
<b>X-SMALL</b>	<b>32-34</b>	<b>27-29</b>	<b>32-34</b>
<b>SMALL</b>	<b>35-37</b>	<b>30-32</b>	<b>35-37</b>
<b>MEDIUM</b>	<b>38-40</b>	<b>33-35</b>	<b>38-40</b>
<b>LARGE</b>	<b>41-43</b>	<b>36-38</b>	<b>41-43</b>
<b>X-LARGE</b>	<b>44-46</b>	<b>39-41</b>	<b>44-46</b>
<b>2X-LARGE</b>	<b>47-49</b>	<b>42-44</b>	<b>47-49</b>
<b>3X-LARGE</b>	<b>50-52</b>	<b>45-47</b>	<b>50-52</b>

**MEASUREMENT TIPS**

SELECT SHIRT SIZE BASED ON YOUR LARGEST MEASUREMENT

SHIRTS ARE SEMI-FITTED. FOR A TIGHT FIT ORDER ONE SIZE DOWN.

MEASUREMENTS SHOWN IN CHART REPRESENT BODY MEASUREMENTS. USE A FABRIC MEASURING TAPE AND MEASURE AS FOLLOWS:

**CHEST/BUST:** LIFT ARMS SLIGHTLY AN MEASURE AROUND FULLEST PART OF CHEST/BUST.

**WAIST:** MEASURE AROUND THE SMALLEST PART OF YOUR TORSO.

**HIP:** STAND WITH YOUR HEELS TOGETHER AND MEASURE AROUND THE FULLEST AREA OF YOUR HIP.

**ARM LENGTH:** WITH YOUR ARM BENT AT 90 DEGREES, PLACE YOUR HAND ON YOUR HIP. MEASURE FROM THE BACK OF YOUR NECK TO YOUR SHOULDER, ELBOW AND WRIST.