





The Christie Clinic Illinois Marathon



The Christie Clinic Illinois Marathon was conceived in 2008 to inspire and promote health and wellness in central Illinois. The event was started by Mark Knutson of Go Far Events, who directs a similar race in his hometown of Fargo, North Dakota.

In 2009, the inaugural Christie Clinic Illinois Marathon featured 9,715 participants from 42 states and 6 countries. The participation was double what Knutson and his associates were expecting for the marathon's first year. In 2010, the marathon continued to impress, with 14,689 participants.

After the second running, seven local community members purchased the event from Knutson. All were actively involved in the race before buying it. The current owners are Blaise Aguirre, Tom Coleman, Mike Lindemann, Greg Reynolds, Jan Seeley, Jedd Swisher, and Christie Clinic. Seeley and Lindemann also serve as codirectors of the race, working with a committee of nearly 80 people.

The new owners and codirectors have continued to nurture the race, which has had over 175,000 registrations in the first 10 years. The race has donated \$1.377 million to local charities, and the economic impact is also cause for celebration—more than \$10 million in 2018.

The Christie Clinic Illinois Race Weekend was last held in 2019, when almost 14,000 participants took to the streets of Champaign-Urbana. In 2020, six weeks before the race weekend would have taken place, the pandemic forced the cancellation of the event. As the pandemic continued into 2021, race weekend didn't happen that year either.

Finally, after 1,097 days, race weekend returns this year, on April 28-30. Race organizers, participants, volunteers, sponsors, and the community are ready. Runners are coming from over 40 states and 10 countries.

Prerace Events

Packet Pickup

Located in Gym 2 of the Activities and Recreation Center (ARC) at the University of Illinois, 201 East Peabody Drive, Champaign.

Thursday, April 28, from 4:00 p.m. to 8:00 p.m.

Friday, April 29, from 10:00 a.m. to 7:00 p.m.

Health & Fitness Expo

Located in Gym 1 of the ARC

Thursday, April 28, 4:00 to 8:00 p.m.

Friday, April 29, 10:00 a.m. to 7:00 p.m.

Learn more about the expo on page 9.

Race Day

Race Times

On Friday, the mile event begins at First and Green and ends at First and St. Mary's Road, the 5K begins at Oak St., south of St. Mary's Road, and finishes in Memorial Stadium. The Saturday races begin on First Street and St. Mary's Road. All races finish on the 50-yard line of Memorial Stadium.

Mile—Friday, April 29, 6:10 p.m. wave start

5K—Friday, April 29, 7:30 p.m. wave start

Wheelchair Half Marathon—Saturday, April 30, 7:31 a.m.

Marathon Relay—Saturday, April 30, 7:33 a.m. wave start

Half Marathon—Saturday, April 30, 7:33 a.m. wave start

10K Run/Walk—Saturday, April 30, 7:33 a.m.

Youth Run—Saturday, April 30, 12:00 p.m., Memorial Stadium

FREE Special Events on Race Weekend

4th Mile, April 29—In conjunction with the Christie Clinic Illinois 5K Run & Walk, this kickoff event features food trucks, a beer tent, and the music of 90s Daughter. 6:30 p.m. to 10:00 p.m. just outside Memorial Stadium on Kirby Avenue.

Einstein Bros. Bagels Bite Bar with coffee/tea from Columbia Street Roastery, April 30—Located on First St., north of the start line. 6:00 a.m. to 8:00 a.m.

Meijer 14th-Mile Celebrate Victory Bash, April 30—Hosted by Visit Champaign County. Located on Kirby Avenue, between First St. and Fourth St. 8:30 a.m. to 12:00 p.m. Music, food, beer, and family fun for all.

2022 Christie Clinic Illinois Race Weekend By the Numbers

Total entrants, as of April 27, 2022

Half Marathon: 3,664

Marathon Relay: 101 teams of 4

10K Run/Walk: 1,670 5K Run/Walk: 3,765

Mile: 262

Youth Run: 354

I-Challenge entrants (5K + relay, half, or 10K): 1,115

Triple I-Challenge entrants (mile + 5K + relay, half, or 10K): 174

Total registrations as of April 27, 2022: 10,142

Number of states: 40

Number of countries represented: 7

Percentage of entrants from Illinois: 88%

Gender breakdown: 57.7% Female, 42.3% Male

Number of volunteers: 1,428

Number of official Christie Clinic Illinois Marathon T-shirts

printed: 12,527

Number of finisher medals created: 14,722—Each finisher in every race is awarded a unique, race-specific medal.

Number of vendors in the Health & Fitness Expo: 38

Hotels: Nearly every hotel room in Champaign-Urbana is

booked.

2019 winning times

Men's marathon: Wilson Chemweno—2:18:11 Women's marathon: Margaret Njuguna—2:36:51 Men's half marathon: Panuel Mkungo—1:03:50 Women's half marathon: Pasca Myers—1:13:18

Stats Of Note

\$7 million total economic impact of the Christie Clinic

Race Weekend

Over 100 porta-potties

21 different musical groups performing on the course on race weekend

10,000 bottles of water at the finish on Friday and Saturday

6,287 GU packets (energy gel)

60,000 cups

Date of the 2023 Christie Clinic Illinois Marathon

Race Weekend: April 27-29, 2023









Here are just some of the charities that receive fundraising dollars from the race:









Autism Center at Eastern Illinois University

Boy Scouts of Prairieland Council

Breast Cancer Research Foundation

Caring for Communities Scholarship Fund

Champaign County CASA

Champaign County Humane Society

Courage Connection

Crisis Nursery

Cunningham Children's Home

CU Special Recreation

Daily Bread Soup Kitchen

Don Moyer Boys and Girls Club

Eastern Illinois Foodbank

Empty Tomb

Family Service of Champaign

Girl Scouts of Central Illinois

Habitat for Humanity

Kickapoo Rail Trail

Kiwanis Champaign-Urbana

Merci's Refuge

National Kidney Foundation of Illinois

Prairie Rivers Network

RACES—Rape, Advocacy, Counseling,

Education, and Service

Salt & Light

Stephens Family YMCA

Urbana Adult Education

WBGL and the Race to End Slavery



Thursday, April 28, 4:00 p.m. to 8:00 p.m., and Friday, April 29, 10:00 a.m. to 7:00 p.m.

Body n' Sole presents the Christie Clinic Race Weekend Health & Fitness Expo. The expo will take place at the University of Illinois Activities and Recreation Center (ARC) and feature national and local vendors, as well as national organizations and representatives from prominent running events.

Vendor list

ALS Association Greater Chicago Chapter Alzheimer's Association Athletes Inspired Athletico Physical Therapy ATI Physical Therapy Body n' Sole Sports Bondi Band Charity Running Partners Christie Clinic

Costco
Crisis Nursery
Eastern Illinois Foodbank
Fort2Base
Giff of Hope
Golden Ticket booth
Human Kinetics
Illinois Valley Striders
Impact Physical Therapy
Kirby Medical

LeafGuard Mahomet Area Youth Club Marathon Vintage Gear Orange Theory Fitness **OSF HealthCare** Promise Healthcare **Quad Cities Marathon** Real Time Pain Relief Road Runners Club of America Scared Essentials Second Wind Running Club Shoe Drop (Share Your Soles) Sport Specifics LLC State Farm The Joint Chiropractic T-Mobile **UIUC - Facilities & Services** Visit Champaign County Vital Education and Supply, Inc.



Elite Athletes

Wilson Chemweno, 43, after a lengthy career of foot racing in Europe, took several years off to build his family and small farm on the edge of Eldoret, Kenya. During this time he also designed and constructed a small water service for ten properties, including a neighboring orphanage. His current goal at home is to assist his county in constructing a public water service for the area. One result of his extensive European experience is his fluency in German, French, English, Kalenjin, and Swahili. In 2018, he resumed his racing career by racing in Champaign at the Christie Clinic Illinois Marathon, his debut marathon, and finished in a rare tie for first position. He followed that race up at the Houston Marathon in January of 2019, on a frigid day, racing in 2:26 and earning second men's master. The following April 2019 Wilson returned to the Illinois Marathon where he successfully defended his title. setting a course record, 2:18:11, which still stands. Wilson followed up that effort racing in May 2019 at the Amway River Bank Run 25K, finishing in 1:21:13, taking the overall mens' master crown. During the pandemic period, Wilson has maintained his level of fitness and looks forward to racing here again in Champaign-Urbana.

Julie Wiemerslage, our top female qualifier, resides in Chicago. She competed in both cross country and track at Iowa State and was an Academic-All Big 12 finalist. Her PRs include 5:06 in the mile, 1:18 in the haf and 2:49 in the marathon, which she earned in Chicago in 2019. Julie enjoys both road and trail racing and has goals to compete in the Olympic trials and Western States 100 in the future. She trains with DWRunning under coach Dan Walters. Shadrack Kiprotich Mengich hails from Eldoret, Kenya, and races internationally, at both the marathon and half marathon distances. He took third in the Kuala Lumpur Marathon in 2019 in 2:47 and came in tenth in the half marathon at the PROTON HSN 21K in Malaysia in 1:13 in 2019.



FnMotive

5K Run/Walk

The race starts at Oak St., south of St. Mary's Road, runs through campus, and finishes on the 50-yard line of Memorial Stadium.



Date and Time

The 5K starts in waves at 7:30 p.m. on Friday evening, April 29.

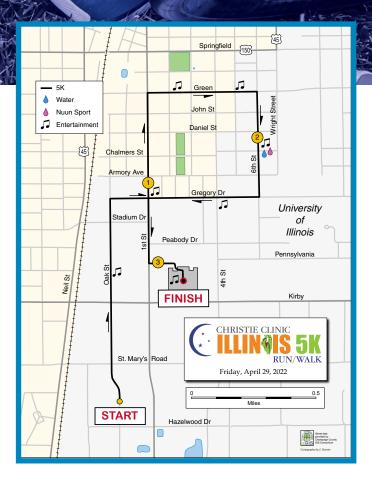
Age Groups

10 & under	30-34	60-64
11-12	35-39	65-69
13-14	40-44	70-74
15-19	45-49	75-79
20-24	50-54	80+
25-29	55-59	

Awards

The top three male and top three female runners will receive overall awards. These runners are not eligible for age group awards.

In addition to the overall awards, there will be first-, second-, and third-place awards for each of the age groups listed above. Age group awards are based on chip time.



Goodies

- 5K entrants receive a unisex technical shirt, drawstring backpack, and more.
- Finishers get a great medal and delicious food.

Results from 2019

Top 5 Male Finishers

- 1. Evan Patel 15:53
- 2. Josh Mollway 16:05
- 3. John Kellum 16:29
- 4. Brennan Guido 16:42
- 5. Zachary Fishman 17:14

Top 5 Female Finishers

- 1. Laura Krasa 17:56
- 2. Courtney Ackerman 18:41
- 3. Amy Lester 19:24
- 4. Victoria Dent 19:35
- 5. Sharon Carr 19:48

The race starts near the State Farm Center, runs north on First Street and through downtown Champaign, past West Side Park and the Champaign Country Club, and finishes on the 50-yard line of Memorial Stadium.



Date and Time

The 10K starts in waves at 7:33 a.m. on Saturday, April 30.

Age Groups

12 & under	35-39	65-69
13-14	40-44	70-74
15-19	45-49	75-79
20-24	50-54	80+
25-29	55-59	
30-34	60-64	

Goodies

- 10K entrants receive a unisex technical shirt, drawstring backpack, and more.
- Finishers get a great medal, a keepsake Heatsheet, and delicious food.

Awards

The top three male and top three female runners will receive overall awards. These runners are not eligible for age group awards.

In addition to the overall awards, there will be first, second-, and third-place awards for each of the age groups listed above. Age group awards are based on chip time.





Results from 2019

Top 5 Male Finishers

- 1. Josh Mollway 33:58
- 2. Brian Bundren 34:46
- 3. Thomas Easton 36:49
- 4. Kyle Smith 36:52
- 5. Alexander Barclay 37:03

Top 5 Female Finishers

- 1. Katie Bethke 40:38
- 2. Claire Foreman 42:38
- 3. Malorie Gaber 44:14
- 4. Trisha Lengfelder 44:40
- 5. Selah Wheeler 45:10

The new route starts near the State Farm Center, runs through all sides of the U of I campus and some nearby neighborhoods and then finishes on the 50-yard line of Memorial Stadium.



Date and Time

The half marathon starts at 7:33 a.m. (wave start) on Saturday, April 30, at the same time as the 10K and the marathon relay. The wheelchair half marathon starts at 7:31 a.m.

The course will be closed to traffic for participants who are on pace to finish in 3:30 or less (roughly 16 minutes per mile). Slower participants may continue after traffic is allowed onto the course, but they do so at their own risk and must follow pedestrian statutes.

Age Groups

12-14	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75-79
30-34	55-59	80+

Note: Half marathon participants must be at least 12 years old on race day.

Goodies

- Half marathon entrants receive a drawstring backpack; high-quality, short-sleeve, gender-specific technical shirt from Leslie Jordan; and more.
- Finishers get a great medal, a keepsake Heatsheet, and delicious food.

Awards

Prize money will be given out to the top three female and male finishers. Prize money winners are not eligible for individual awards.

Prize money awards are based on gun time. See the chart below.

Place	Overall Male	Overall Female
1	\$1,000	\$1,000
2	\$500	\$500
3	\$300	\$300
4	\$200	\$200
5	\$100	\$100

Masters	Overall Male	Overall Female
1	\$500	\$500
2	\$250	\$250

\$200 bonus for breaking the overall record while also winning the race: 1:03:50 (men), 1:13:18 (women).

In addition to the prize money, there will be first-, second-, and third-place awards for each age group. Age group awards are based on chip time.



Results from 2019

Top 5 Male Finishers

- 1. Panuel Mkungo 1:03:50
- 2. Jean D'Amour Hakinzimana 1:07:05
- 3. Dan O'Keefe 1:07:16
- 4. Stephen Clevenger 1:07:26
- 5. Ben Wynsma 1:08:28

Top 5 Female Finishers

- 1. Pasca Myers 1:13:18
- 2. Patricia Black 1:18:37
- 3. Sarah David 1:19:20
- 4. Starla Garcia 1:19:44
- 5. Lauren Zumbach 1:21:03

The relay covers the same course as the half marathon. It starts near the State Farm Center, runs through all sides of the U of I campus and some nearby neighborhoods and then finishes on the 50-yard line of Memorial Stadium.



Date and Time

Race starts at 7:33 a.m. (wave start) on Saturday, April 30, at the same time as the full and half marathons, 10K.

The course will be closed to traffic for participants who are averaging faster than 16 minutes per mile. Slower participants may continue after traffic is allowed onto the race course, but they do so at their own risk and must follow pedestrian statutes.

Awards

There will be first-, second-, and third-place awards for each of the divisions. Relay awards are based on chip time.

Goodies

- Marathon relay entrants receive a drawstring backpack, a unisex technical shirt, and more.
- Each member of a finishing relay team gets a great medal, a keepsake Heatsheet, and delicious food.

Exchange Zones

Exchange Zone A: on Peabody. Approximately 6.5 miles.

Divisions

There are four categories: male, female, mixed 2 & 2, and mixed 3 & 1.

The youth run course is roughly 1K (slightly longer than half a mile), with a finish at the 50-yard line of Memorial Stadium.



Date and Time

The race starts at noon on Saturday, April 30 12:00 p.m.

Age Groups

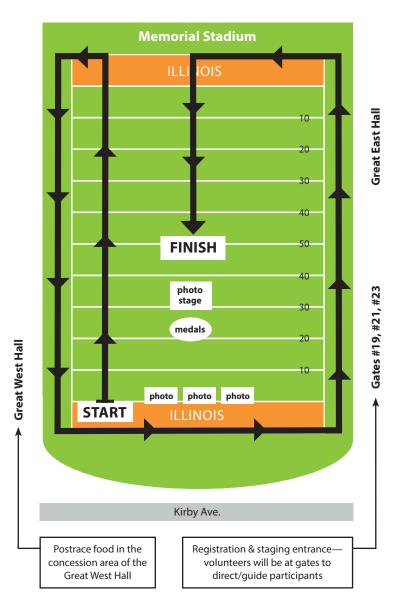
Children will run in separate races according to age. We also have a sibling heat for siblings of all ages. Parents can run with their children.

Goodies

Youth run entrants receive an awesome T-shirt and a drawstring backpack. Finishers receive a finisher's medal and delicious food.

Charitable Partner

The CU Schools Foundation is a Charitable Partner of the Christie Clinic Race Weekend. A portion of every Busey Illinois Youth Run entry will be donated to CU Schools Foundation.



Runners who complete the Mile and 5K on Friday night and then the 10K, half marathon, or marathon relay on Saturday receive a special I-Challenge medal.

Events

There are six I-Challenge events:

- Christie Clinic Half I-Challenge = 5K + half marathon
- Christie Clinic Mini i-Challenge
 5K + 10K
- University of Illinois Alumni Association Marathon Relay I-Challenge
 - = 5K + Marathon Relay
- Triple Half I-Challenge
 - = Mile + 5K + half marathon
- Triple Marathon Relay I-Challenge
 - = Mile + 5K + Marathon Relay
- Triple Mini I-Challenge
 - = Mile + 5K + 10K

Goodies

- Two shirts (5K plus 10K, half marathon, or marathon relay) and a drawstring backpack.
- Three medals (5K plus 10K, half marathon, or marathon relay, plus an I-Challenge medal, which is different for each I-Challenge event).















Title Sponsors









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Mile Sponsors











































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Southwest
Hampton Inn Urbana
Hilton Garden Inn
Holiday Inn Champaign

Holiday Inn Express & Suites-Urbana Holiday Inn Express-Rantoul Home2 Suites by Hilton Homewood Suites Hyatt Place Champaign I Hotel and Conference Center Illini Union
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Special Thanks

Special thanks to: Battery Specialists, Chambana Sales Company, Champaign Park District, Fagen Scooter, Illini Recycling, Champaign-Urbana Mass Transit District, Overtime Nutrition, St. John's Lutheran Church, Staci Anderson/ Green Room Studios, Stone Creek Church, the cities of Champaign and Urbana, the University of Illinois, United Rentals, Willard Airport, and all of the awesome volunteers and fans of the Christie Clinic Illinois Race Weekend!

Special thanks to these organizations for providing shelter on the race course: Lincoln Square Village, Memorial Stadium, Natural Resources Building, HERE Apartments, Urbana High School, and University of Illinois Veterinary Medicine.

