

Start Corral Team 101

Thanks for being part our volunteer team this year. We could not put on the race without you.

Logistics: Volunteer Check-In for start line corral volunteers on Friday night and Saturday morning is in the southwest section of the Great West Hall of Memorial Stadium (enter at Gate 24 and you'll see the volunteer check-in area). At that time, you will receive your volunteer Team T-shirt and drawstring backpack. After checking in, head to the start line (the 5K start is on Oak St., just south of St. Mary's Road, and Saturday's start is at the corner of St. Mary's Road and First Street). We ask that you arrive 15 minutes early to get situated (find parking, check-in, and locate your volunteer spot). See the staging map for parking information:

http://illinoismarathon.com/wp-content/uploads/IL_Marathon_parking-stage_map.pdf?x16837

Wear your official volunteer shirt as our outer layer (unless it is raining!)

There are three different race starts: the 5K on Friday night at 7:30 p.m.; the marathon, half marathon, and relay in WAVES on Saturday starting at 7:03 a.m., and then 10K on Saturday, starting at approximately 7:35 a.m.

5K Start Corral Process

Supplies: Corral entrants signs, Wave banners, rope, and good cheer

The 5K start will employ seven corrals, based on projected finish times, and constructed of barricades and race flagging. Each corral will be labeled, from corral A to corral G and then a Walker/Stroller corral (aka G corral; look for the 10-foot high trusses with 3-foot by 3-foot signs on each side of the road). All runners' bibs will be preprinted with their specific corral assignment (A to G) in the lower right hand corner and that is the corral they should go into.

Start corral team volunteers will be divided into 8 groups of 4 to 5 people. Runners enter their corral from either side of the street, at the back end of the corral. We will have a volunteer at each corral entrance holding a corral entrance sign (see attached). Volunteers should make some effort to make sure that runners come into the right corral (it is OK for a runner to move BACK to a slower corral but we don't want folks moving UP to a faster corral). The other volunteers per corral use their rope to create a divider between the corrals.

How the 5K wave start works

At 7:30 p.m. the runners in corral A will set off. Once they leave the start area, the corral volunteers with the runners in corrals B through G move forward. The runners in the B corral move all the way into the starting corral slot and a few minutes later, the B corral runners start the race.

We repeat this process with the runners in each corral, until all the waves have left the start. There is a 1 to 3 minute break between each wave leaving the start line.

Important: When your corral of runners reaches the front of the corral, we will need to walk the rope, draped with the wave sign from one side of the street to the other so the runners can proceed when their start horn goes off.

Marathon, Half marathon, and Marathon relay Corral Process

Supplies: Corral entrants signs, Wave banners, rope, and good cheer

Saturday's marathon, half marathon, and relay start will employ 8 corrals, based on projected finish times, and constructed of barricades and race flagging (see diagram). Each corral will be labeled, from corral A to corral H (look for the 10-foot high trusses with 3-foot by 3-foot signs on each side of the road). All runners' bibs will be preprinted with their specific corral assignment in the lower right hand corner (see diagram) and that is the corral they should go into.

Start corral team volunteers will be divided into 8 groups of 4 to 5 people. Runners enter their corral from either side of the street, at the back end of the corral. We will have a volunteer at each corral entrance holding a corral entrance sign (see attached). Volunteers should make some effort to make sure that runners come into the right corral (it is OK for a runner to move BACK to a slower corral but we don't want folks moving UP to a faster corral). The other volunteers per corral use their rope to create a divider between the corrals.

How the wave start works

At 7:03 a.m. the runners in corral A will set off. Once they leave the start area, the corral volunteers with the runners in corrals B through H move forward. The runners in the B corral move all the way into the starting corral slot and a few minutes later, the B corral runners start the race.

We repeat this process with the runners in each corral, until all the waves have left the start. There is a 1 to 3 minute break between each wave leaving the start line.

Important: When your corral of runners reaches the front of the corral, we will need to walk the rope, draped with the wave sign from one side of the street to the other so the runners can proceed when their start horn goes off.

After the marathon, half marathon, and relay wave start finishes, we will change signs for the 10K start, using our projected mile pace signs.

10K Start Process

Supplies: NINE large mile-pace signs, rope, and good cheer

Purpose: create corrals using humans, mile pace signs, and ropes. Approximately 3 to 4 volunteers per corral: one to two volunteers hold up the projected pace per mile sign for that corral and the other 2 volunteers hold the rope across the road at waist height.

What the runners do: Runners self-slot into the corrals we create at the start, according to their projected mile pace (6:00 minutes per mile, 7:00 minutes per mile, all the way to 13 minutes per mile and then walkers). Two minutes before the start of the 10K (so at 7:40 a.m., each corral line will pull out of the sea of runners to the side of the road, off of the race route—taking the rope with them—so the runners can proceed when the gun goes off.

Corral A

Full 3:28 & faster

Half 1:44 & faster

Corral A

5K

27:00 & faster

Corral A Entrance

Projected Pace Per Mile

8 minutes/mile



Wave A Wave A

Wave A

Wave A Wave A