

## **Mile 21 Fruit Stop 101**

Fruit stop volunteers will offer bananas and orange slices to marathoners right before the mile 21 hydration station, at Branch & Scottsdale. We estimate the first runner arriving at the fruit stop at 8:45, peak time to be 10:40 am and runners cleared by 12:30. We had roughly 1,700 finishers in the marathon in years past.

We will designate one person to lead the fruit stop crew, who will pick up the fruit, gloves, plastic bags, and your volunteer swag (t-shirts and string bags) from the expo on Friday afternoon. She will bring this gear to the fruit stop site along with knives.

You should bring cutting boards and serving items (shallow box lids lined in plastic bags work great unless it's really raining!), if you can.

**TIME:** The volunteer shift is scheduled to start at 8:30, but in hindsight, we recommend that you arrive by 8:15. The first elite runners will arrive, followed by a solid pause.

Don't park on the course, but feel free to unload.

**PREP:** bring gloves that hopefully plastic gloves can fit over. Your hands will likely be cold/wet. Dress for weather and wear appropriate shoes since you will be on your feet a lot.

There will be a table setup for you for the fruit stop.

**TASK:** Cut the fruit in small portions (grab & run). Try not to cut more fruit than you anticipate being eaten. Pace yourself.

**QUESTIONS:** Don't hesitate to call Kim Scott, 217-621-6423.