

Heatsheet Distribution Team 101

April 22, 9:00 a.m. to 1:00 p.m.

Thank you for joining the Heatsheet Distribution Team.

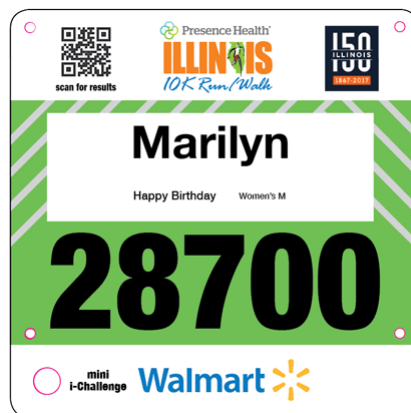
Logistics

1. Consult the parking map to scope out where you want to park on race day.
http://illinoismarathon.com/wp-content/uploads/IL_Marathon_parking-stage_map.pdf?x16837
Parking at the State Farm Center and the Research Park lots is free.
2. Enter Memorial Stadium on the Southwest corner at Gate 24, where you will check in for your job and receive your volunteer swag. Please wear your TEAM volunteer shirt. You may also be given an EVENT staff jacket from the U of I.
3. Proceed to the stadium floor and head to the southwest corner of the end zone, where you'll see the set-up with the heatsheets. Amy Armstrong is the coordinator for the Heatsheet distribution team. 217/202-9834.

Procedure

- The “staging” area for the heatsheets in the end zone on the west side.
- This year, we have two different heatsheets: one for 10K finishers and the other for marathon, half marathon, marathon relay finishers.
- Until all the 10Kers finisher, volunteers will be divided so that some are assigned to giving out heatsheets to 10K runners only, and other volunteers are giving heatsheets to half marathoners, marathoners, marathon relay entrants.
- How will you know who is a 10K finisher? **See the 10K race number photos below. Anyone wearing a purple or green bib receives a Presence Health 10K heatsheet.** All the other finishers get the Carle heatsheet.
- If the weather is cool, runners should be advised to wear the heatsheet silver side IN to reflect the user's body heat back to them, or silver side OUT in warm weather, deflecting heat away from the user to allow the body to stay cool.
- When you are out of heatsheets, load back up and repeat.

10K race numbers (2 kinds)



10K Heatsheet



Marathon/Half/Relay Heatsheet

