

## Exchange Zone 101

Thank you for joining the Exchange Zone team for the University of Illinois Alumni Association Marathon Relay.

### Relay Exchange Zone Supply List

- Large Exchange Zone sign (will be delivered to the exchange zone)
- Megaphone (most important for Exchange Zone A, where both full and half-marathoners will also be running by the zone)
- 350 bottles of water (Exchange Zone A may use the hydration station located on Amber Lane, just west of the Exchange Zone)
- Flagging to create a section on the side of road where relay runners exchange their number belt with the next runner on their team.

### Procedures

- Relay teammates wear the same race number. The Relay numbers are neon yellow with black ink for the number and range from 3000 to 3225. Relay I Challenge numbers feature a lime green middle section with black numbers and range from 3250 to 3315 (see below). No other runners in the race have neon yellow numbers.
- Volunteers direct relay runners into the exchange zones for the chip exchange.
- In addition to wearing a race number on their shirt, relay runners also wear a number belt that contains the TEAM NUMBER with the timing device attached to it, and transfer the number belt from one runner to the next at the exchange zones.
- Make sure the relay runners are out of the way of the other runners when exchanging number belts in the relay exchange area.
- Volunteers must be very vocal, as runners may not be sure of exactly where exchange zone is.
- Direct relay runners who have completed their leg to the water available at the zone.

### Location of Exchange Zones

- Exchange Zone A: On Amber Lane, west of Myra Ridge (volunteers should park at Meijer grocery store).
- Exchange Zone B: West side of the underpass on Logan St off of First St (volunteers should park in the lot north of the old train station. Turn right on Chestnut Street, off of University Avenue to get there and then walk across University Ave to Logan).
- Exchange C: On Duncan Rd., right by Robeson Park (after bridge). (Volunteers should park at Robeson Crossing at the intersection of Duncan and Windsor and then walk one half mile north on Duncan to the Exchange Zone. **Arrive early.**

- **Arrival time at Exchange Zone**
- Exchange Zone Team A: 7:00 a.m.
- Exchange Zone Team B: 7:30 a.m.
- Exchange Zone Team C: 8:00 a.m.

