

Bike Team – Leader Escorts 101

Saturday, April 22, 2017: 6:30am – 11 am

Location: Race routes as assigned by individual position

Overview

Bike Team Leader Escorts assist event leaders by keeping them on course and making sure that nothing impedes the runner's progress. They also provide an alert to announcing staff when the leaders are entering to the stadium to cross the finish line.

Following are the specific responsibilities you are assigned to complete.

1. Ride or drive the assigned course prior to race day to make sure you know the exact route the runners will be taking.
2. On race day, check in with Mike at the South West side of the stadium at Kirby and 1st at 6:30am for a final briefing and to receive any additional instructions or information as well as expected weather conditions.
3. Identify your assigned runner at the designated time and place as provided by Mike. This should occur between miles 1 and 2. Assist each other in spotting the lead runners. Be alert for lead changes. If uncertain, ask a course team member or one of the bike course marshals.
4. While on route, you should lead your assigned runner by being in a position just ahead and out of the path of the runner. 5-10 seconds ahead will be optimal, allowing your runner to verbally communicate while still maintaining safe distance. Communicate with your runner as to their preference. **DO NOT RIDE ADJACENT TO YOUR RUNNER!**
5. While providing the escort, be alert to spectators or other obstructions and order them off the route to allow for a clear path for the runner.
6. When entering the stadium, pull off to the west side and let the runner pass prior to crossing the finish line. Someone will meet you and provide food or drink and assistance exiting.
7. In case of a breakdown, contact ROC at **217-333-4587** to coordinate for a replacement rider.

Materials / Equipment

- Safety vest – to be worn at all times while on the course
- Bike Helmet
- Cell Phone
- Course map
- Critical Info card/Emergency Alert Systems card

Check--in Procedure

Meet Mike Farkas at the West side of the stadium (Kirby and 1st) at 6:30am for a final briefing.

Questions?

If you have any questions between now and race weekend, contact Mike at michael.farkas@gmail.com or by phone at 217-299-0622.

We thank you for your service and hope that you have enjoyed it. Please provide your feedback to Mike about your experience and what steps we may take in the future to improve this assignment.